



UNITED STATES MARINE CORPS  
TRAINING AND EDUCATION COMMAND  
1019 ELLIOT ROAD  
QUANTICO, VIRGINIA 22134-5027

IN REPLY REFER TO:  
1533  
C46JR  
27 OCT 2014

MCJROTC POLICY LETTER #1-14

From: Director, Marine Corps Junior Reserve Officers' Training  
Corps (MCJROTC)  
To: Distribution  
Subj: MCJROTC SENIOR MILITARY AND MILITARY INSTRUCTOR PHYSICAL  
PERFORMANCE REQUIREMENTS  
Ref: (a) Mtg bwtm TECOM Staff Judge Advocate and Quantico Marine  
Corps Base (MCCDC) Area Counsel of 12 Sep 14

1. The MCJROTC Program is managed by Training and Education Command (C46JR) and the requirements for Senior Marine Instructors (SMIs) and Marine Instructors (MIs) are defined in MCO 1533.6E. MCO 1533.6E states that both SMIs and MIs are required to be physically qualified according to Marine Corps standards. This Policy Letter for the Record is meant to supplement and further define what is meant by "qualified according to Marine Corps standards" in the context of the MCJROTC Program while MCO 1533.6E is being rewritten.

2. The MCJROTC Program of Instruction (POI) is the foundation for the development and execution of a quality leadership program. The execution of the POI requires physical conditioning, agility and mobility of the instructors. Accordingly, the Certification and Re-certification of instructors by the MCJROTC Program Director is contingent upon instructors meeting the physical qualifications, depicted in this policy letter.

- Be physically qualified to the standards of an active duty Marine, to include meeting the appearance, height, and weight standards in accordance with MCO 6110.3 Marine Corps Body Composition and Military Appearance Program (Wounded Warriors exempt).
- Physically perform through demonstration each element of the Youth Physical Fitness Test and Marine Corps Physical Fitness Test.
- Physically perform through demonstration all facets of Close Order Drill.
- Physically perform through demonstration the three marksmanship shooting positions of air rifle competition.
- Supervise and participate in marches, hikes/runs, community service events (parades, formation runs, roadside clean-up project(s), and any other similar activity.
- Physically construct, navigate, and demonstrate land navigation/orienteering activities/courses (mapping, distance determinations (time, rate, and distance), azimuths, terrain identification, navigating steep terrain, water obstacles,

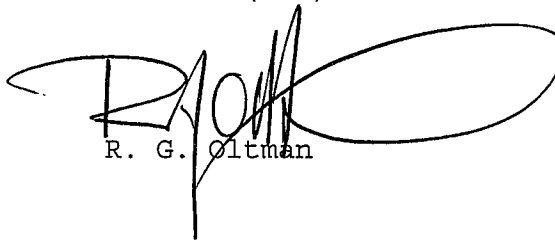
Subj: MCJROTC SENIOR MILITARY AND MILITARY INSTRUCTOR PHYSICAL PERFORMANCE REQUIREMENTS

and variations in vegetation).

- Supervise Cadets(students) on campus and participate in various camps conducted "overnight" in the field while exposed to the elements (tents/barracks/improvised structures, etc.)
- Supervise and participate in orientation visits to military bases, colleges, places of interest, and any other similar activity.
- Perform life-saving steps on injured Cadets in emergency situations.
- Supervise Cadets in stressful/noisy/crowded environments while in close proximity to other people.
- Ability to engage in long periods of sitting and/or standing; walking through rough, uneven, or rocky surfaces; recurring bending, crouching or crawling in restricted areas, stooping, stretching, reaching or similar activities; or recurring lifting of heavy objects; excellent concentration, and travel by aircraft and auto to other geographic locations. As such, above average agility and dexterity are required.

3. This Policy Letter is not all inclusive. All other physical and mental performance indicators deemed essential to the duties of MCJROTC instructors are subject to revision and periodic review by the Program Director. If making a substantive change to the physical requirements, the Program Director will give 30 days notice and allow the SMIs and MIs a six month grace period to conform to the newly established standards if required.

4. The standards outlined in above paragraph are required for all certifications and re-certifications. As leaders and mentors, the SMIs and MIs in the MCJROTC Program must set the standard, as they are the Marine Corps' representatives for all of our Cadets. The point of contact for any issues related to this memorandum is the Instructor Management Section, Barbara Janos-Morin at (703)-784-3705 or barbara.janos-morin@usmc.mil.



R. G. Oltman

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